

WOMEN'S HEALTH - CLINICAL DATA SHEET

Our prescribers customize your Hormone Replacement Therapy (HRT) program specifically for you. For your information, we have listed our commonly prescribed medications. Please contact your Affinity prescriber for any additional questions.



Testosterone >>> Testosterone is the Primary sex hormone. It helps with bone density, fat distribution, muscle strength and mass, red blood cell production, and sex drive. Using Testosterone in HRT programs can help improve signs and symptoms of a hormone imbalance in women.



Estriol/Estradiol >>> Estriol/Estradiol can help regulate pre- and post-menopausal cycles in women, which can help maintain bone health, increase energy, relieve hot flashes and night sweats, and improve mental focus.



Progesterone >>> Progesterone is often prescribed in HRT programs to assist with mood regulation, control inflammation, and relieve night sweats. It also signals the body to produce GABA, a hormone promoting sleep.



MIC + B12 >>> MIC + B12 is a combination of amino acids + vitamin B12 that can provide relief from daily fatigue, sharpen mental focus, and enhance workout results.



Cyanocobalamin B12 >>> Cyanocobalamin B12 is an injectable version of vitamin B12 that helps maintain the body's nerve and blood cells. Avoiding deficient B12 levels can preserve energy, vision, and mood.



CJC-1295 / Ipamorelin >>> CJC-1295/Ipamorelin is a combination of two peptides that work synergistically to fuel muscle growth/strength, decrease fat, improve sleep and increase cognitive function.



BPC-157 >>> Body Protection Compound (BPC-157) is a long-lasting peptide that can alleviate joint pain, improve muscle recovery and digestive health.



Ibutamoren >>> Ibutamoren stimulates Human Growth Hormone (HGH) production in the body which can enhance muscle growth and mental focus.



Semaglutide >>> Semaglutide (Wegovy/Ozempic) is a selective glucagon-like peptide-1 (GLP-1) receptor agonist that acts in the areas of the brain involved in regulation of appetite and caloric intake and slows gastric emptying. It is an FDA-approved medication for weight loss.



Tretinoin >>> Prescription Tretinoin plus Niacinamide serum works to clear pores and increase skin cell turnover. This custom-blended serum can reduce the appearance of wrinkles, fine lines, discoloration, and rough skin caused by sun damage.

DISCLAIMER: This sheet is a response to commonly asked questions and is not intended to be used as an advertisement or marketing claim. Compounded medications are dispensed based on prescription and tailored to meet an individual patient's needs. Compounded medications have not been evaluated by the FDA and are not FDA-approved. Individual results may vary.