



# INTRODUCING ENCLOMIPHENE

Since 2012, thousands of men have trusted Affinity Whole Health's customized home programs to optimize their hormones and achieve their health goals. We strive to offer the best options for preserving testicular function while on Testosterone Replacement Therapy (TRT) - previously HCG and TSTIM, and currently Clomiphene and Tamoxifen - and continue to innovate to bring you the very best options around. We're excited to now offer Enclomiphene shipped right to your home.

- Enclomiphene is taken as part of the TCore20™ program.
- Alternatively, enclomiphene may be taken as a monotherapy for those patients who do not qualify for TRT.

## >> FREQUENTLY ASKED QUESTIONS

**What is Enclomiphene?** Enclomiphene is a “non-steroidal central estrogen receptor antagonist”; an isomer of clomiphene citrate. Unlike clomiphene, enclomiphene does not have any estrogen agonist effects, so side effects are lessened. It stimulates the release of LH and FSH to increase natural testicular testosterone production and preserve sperm concentration.<sup>1</sup>

**Why make this change?** When HCG was recategorized as a biologic by the FDA and became unavailable, Affinity Whole Health innovated by creating TSTIM, a combination of Tamoxifen and Clomiphene. In 2021, our Medical Director, Michael Koehler, MD determined that one of these two drugs is sufficient for our patients so we moved from TSTIM to either Clomiphene or Tamoxifen for patients. Now, we're improving your experience by being one of the few clinics to offer enclomiphene.

**Why don't other clinics offer enclomiphene?** A few other clinics offer enclomiphene, but most are either unaware of enclomiphene or find offering it too expensive. Affinity Whole Health has grown to service thousands of patients, so we can offer multiple solutions without the prohibitive costs smaller clinics face.

**Can I stay on Tamoxifen or Clomiphene?** Yes! If you're happy with Tamoxifen or Clomiphene, you and your prescriber may decide to keep your program the same. If Enclomiphene appeals to you, you're welcome to switch on your next program. Contact your Affinity Team for more information.

<sup>1</sup>. Rodriguez KM, Pastuszak AW, Lipshultz LI. Enclomiphene citrate for the treatment of secondary male hypogonadism. Expert Opin Pharmacother. 2016;17:1561–1567. - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5009465/#R44>