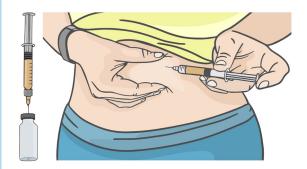


# INTRODUCING SEMAGLUTIDE

Since 2012, thousands of men and women have trusted Affinity Whole Health's customized home programs to optimize their hormones and achieve their health goals. For years, patients have requested a solution to their chronic weight issues, but until now a suitable solution was not available. We're excited to offer Semaglutide treatment shipped right to your home.

Semaglutide is a selective glucagon-like peptide-1 (GLP-1) receptor agonist that acts in the areas of the brain involved in regulation of appetite and caloric intake and slows gastric emptying. Semaglutide requires refrigeration but avoid freezing. A small dose of Semaglutide is injected at home once per week.

#### SUBCUTANEOUS INJECTION



#### >> FREQUENTLY ASKED QUESTIONS

#### How much weight can I expect to lose?

Some patients report losing a pound per week or more in their first months of treatment. Results vary based on dosage, starting weight, activity levels and other factors.

### Do you accept insurance?

Typically, insurance does not reimburse or cover the cost of Semaglutide treatment. However, we do accept HSA and FSA cards for treatment and services.

#### How much does Semaglutide cost?

Our programs start at less than \$50 per week. As always, our all-in pricing covers your medications, supplies, shipping & handling, follow-up consultations and follow-up lab work. We never charge membership fees.

#### >> GETTING STARTED IS EASY:

#### **STEP 1: Free Evaluation**

Our dedicated Patient
Advocates are here to
listen to your symptoms &
health goals. Submit your
information to receive a
call from one of our
Patient Care Coordinators
and learn if once weekly
Semaglutide treatment is
right for you.

# STEP 2: Lab Work & Medical Consult

A certified phlebotomist will draw your blood and send it to a CLIA/CAP accredited lab for analysis. One of our licensed medical practitioners will review the results with you to determine if Semaglutide treatment is right for you.

## STEP 3: Home-Delivered Treatment

Your Semaglutide program is delivered discreetly to your home for self-administration once per week. No in-office injections are necessary. Your Patient Care Coordinator and medical expert are promptly available to answer questions and provide guidance throughout the process.

#### Most common adverse effects

Abdominal discomfort, constipation, diarrhea, nausea, vomiting, fatigue, headache; these symptoms may improve over time. Patients have found side effects may decrease by maintaining proper hydration levels and eating before injection.

# Dosing schedule and weight tracking

Every patient will start semaglutide at .25mg (10 units/0.1mL) for the first 4 weeks of the program. Depending on weight loss goals, side effects, and if appetite suppression is achieved on current dose, each person may increase/decrease dosage at different times. It is important to document your starting weight, weekly weight, hunger and adverse effects to determine if adjusting dosage is appropriate.